

Treatment List

Marie Bath

Bath of milk and honey from our mountains. Milk is an ideal element to soften and moisturize the skin with its vitamins and minerals. It is the product nobler than the mountain offers a source of well-being, and gives the skin a special glow. As for the honey in the field of beauty, this natural product has been widely used since the time of pharaohs. It is ideal to moisturize and tone the skin. Twenty minutes of pleasure that we recommend that you renew by taking 10 min of rest in a bed of grass. For 1 person - 70 €, for 2 persons - 120 € (A glass of champagne will be offered during the treatment in order to fully enjoy this moment)

Le Solant au foin

Steam bath in the hay cut above 1400 m of height in our valley this summer. Alpine very fragrant scents. The treatments based on hay are very popular and are synonymous with a return to nature. Length 30 min - 45 €

For walkers ... Adventurous Trails

After walking or just for fun, reflexology helps you find serenity and well-being. A soothing and nourishing gestures reflex zones of the feet, relaxing effects are felt throughout the body. Length 30 min - 65 €

For dreamers ... La Bèla Vya

Massage and wrap, sweet toned, adjusted to your needs of the moment. All the techniques necessary for the well-being put to work with a selection of essential oils. Length 30 min - 65 €, length 50 min - 110 €

For contemplatives ... Pastoral Symphony

Let yourself be touched by the softness and fluidity of enveloping massage. Smell the delicate fragrance of essential oils. Indulge in relaxation with respect and delicacy. Find the path to wellness. Length 30 min - 65 €, length 50 min - 110 €

For adventurers ... Back from the Mountain Peaks

To Tibetan tradition, the KunYé takes you on the ways of relaxation. The body is massaged with whole oils ancestral recipe. Muscles are kneaded, mobilized and relaxed in depth. Finally, smooth the journey to the land of relaxation, a light exfoliation, flour is made. Length 1h15 - 140 €

After exercise... recomfort !

Legs and foot massage. With soft and enveloping movements accompanied by a subtle blend of essential oils, find pleasure in relaxed your legs. Length 30min - 65€

The after ski... relaxing cocktail

Leg massage, alternating tonic movements and kneading deep, allowing muscle relaxation and elimination of toxins. To refresh and relax your muscles. Length 30min - 65€

Meeting in winter, well-being and energy massage

Soft and energy back massage and facial, including the top of the bust, neck and head, leading to the release of tension. Rhythmic repetition of strokes, pressure and stretching promoting the circulation of energy and providing physical and mental well-being

Length 55 min 115€